

# Smart Start System

## **What is the Smart Start System?**

The smart start system is a new way in which we will be starting our pool based triathlon. We have abolished the wave times based on a given swim time. Instead your swim time will be used to seed a continual feeding of swimmers into the swimming pool.

## **Why have we decided this option?**

The new method of race starting will allow a steady stream of competitors on the bike and run sections, preventing any bottlenecks at the start of the cycle stages or large gaps between waves. It also helps prevent the opportunity of drafting when on the bike section. It also means the race will always start on time, never late whilst waiting for the previous wave to leave the pool.

## **How will it affect me?**

Your race briefing will now become visual – it is important that you are in the briefing area at least 10 minutes prior to your start time – to read the bullet point briefing. Each swim start time will be given the same coloured hat to distinguish between the different start times. You will still have the opportunity to ask questions before getting into the water, however only if you arrive early.