



Cotswolds Lake 62 Novice Events  
Duathlon - 3km, 14km, 3km

Sunday 21st May 2017

Bib	FirstName	LastName	Club	Race	Category	Pos	Sex	Pos	Run 1	Run 2	T1	Bike	T2	Run 1	Run 2	Backup	Finish	Overall
7	Matt	Boulton	Performance Cycles	Duathlon	G	1	M	1	05:42.0	00:05:49.35	00:00:44.15	00:24:05.15	00:00:37.40	00:05:54.65	00:05:52.20	00:48:45.15	<b>00:48:54.40</b>	1
30	Matt	Washburn	Unattached	Duathlon	G	2	M	2	06:08.0	00:06:22.05	00:00:49.20	00:25:23.75	00:00:39.45	00:06:33.95	00:06:27.10	00:52:23.55	<b>00:52:34.55</b>	2
10	Simon	Brace	Team Bath AC	Duathlon	H	1	M	3	05:40.0	00:05:49.20	00:01:12.40	00:27:00.95	00:01:02.65	00:05:59.70	00:05:49.15	00:52:34.40	<b>00:52:44.05</b>	3
6	Adam	Powell	LPS Events	Duathlon	M	1	M	4	05:53.0	00:06:35.85	00:00:51.45	00:24:58.25	00:00:37.80	00:06:58.30	00:07:05.65	00:53:00.80	<b>00:53:11.55</b>	4
15	Damian	Cuke	Unattached	Duathlon	H	2	M	5	05:41.0	00:05:57.60	00:00:40.65	00:28:16.55	00:00:41.40	00:06:07.15	00:06:15.00	00:53:39.50	<b>00:53:50.35</b>	5
23	James	Halle-Smith	Unattached	Duathlon	D	1	M	6	05:55.0	00:06:19.75	00:00:38.90	00:28:36.15	00:00:36.85	00:06:38.20	00:06:31.45	00:55:16.60	<b>00:55:26.55</b>	6
9	Kimberley	Brace	Team Bath AC	Duathlon	G	3	F	1	06:47.0	00:07:03.35	00:00:59.75	00:27:15.95	00:00:53.20	00:07:02.25	00:07:09.35	00:57:10.40	<b>00:57:22.35</b>	7
29	Mark	Zikking	Unattached	Duathlon	I	1	M	7	06:07.0	00:06:26.40	00:01:09.80	00:29:21.10	00:00:53.70	00:06:43.35	00:06:43.65	00:57:25.05	<b>00:57:36.85</b>	8
34	Richard	Tucker	Unattached	Duathlon	F	1	M	8	07:25.0	00:07:23.75	00:00:49.15	00:27:33.95	00:00:57.70	00:07:28.30	00:07:14.90	00:58:52.90	<b>00:59:02.40</b>	9
8	Jacob	Fleming	RWBHRC	Duathlon	I	2	M	9	06:52.0	00:07:00.90	00:01:05.20	00:28:25.65	00:00:57.75	00:07:23.75	00:07:16.30	00:59:01.70	<b>00:59:13.75</b>	10
28	Lizzie	Harris	Unattached	Duathlon	E	1	F	2	07:08.0	00:07:09.25	00:00:37.00	00:29:33.55	00:00:38.30	00:07:19.85	00:07:14.55	00:59:40.15	<b>00:59:53.50</b>	11
36	Russell	Silverton	Unattached	Duathlon	H	3	M	10	07:25.0	00:07:23.00	00:00:50.30	00:29:56.90	00:00:36.90	00:07:20.85	00:07:11.05	01:00:44.25	<b>01:00:54.75</b>	12
38	Shelley	Rawlins	Unattached	Duathlon	G	4	F	3	06:57.0	00:07:07.25	00:00:41.10	00:30:36.75	00:00:44.25	00:07:23.10	00:07:17.95	01:00:47.15	<b>01:01:01.00</b>	13
13	Ben	Hardy	Unattached	Duathlon	F	2	M	11	07:01.0	00:07:40.20	00:01:19.80	00:30:09.85	00:01:01.75	00:07:53.00	00:07:54.50	01:02:59.70	<b>01:03:14.00</b>	14
45	Peter	Nicholas	Unattached	Duathlon	K	1	M	12	06:58.0	00:07:13.60	00:00:37.15	00:32:07.65	00:00:39.15	00:07:54.40	00:07:45.45	01:03:15.45	<b>01:03:29.30</b>	15
42	Thomas	Stockwell	Unattached	Duathlon	TS2	1	M	13	06:20.0	00:06:31.05	00:00:37.05	00:35:50.35	00:00:45.00	00:06:43.90	00:06:53.40	01:03:41.05	<b>01:03:50.60</b>	16
26	Karla	Train	Unattached	Duathlon	G	5	F	4	07:20.0	00:07:14.90	00:01:01.90	00:32:40.85	00:01:03.95	00:07:19.35	00:07:09.80	01:03:50.35	<b>01:04:03.05</b>	17
33	rachael	rodia	Unattached	Duathlon	H	4	F	5	07:51.0	00:07:41.30	00:00:40.80	00:33:29.85	00:00:41.40	00:07:14.85	00:07:14.10	01:04:53.35	<b>01:05:05.85</b>	18
20	Emma	Isichei	Unattached	Duathlon	H	5	F	6	07:19.0	00:07:58.55	00:00:44.45	00:32:59.40	00:00:32.10	00:07:39.30	00:07:57.05	01:05:09.45	<b>01:05:22.95</b>	19
4	Phil	Young	Dursley Running Club	Duathlon	L	1	M	14	08:39.8	00:08:08.00	00:01:35.45	00:27:56.55	00:01:25.90	00:09:00.20	00:08:28.20	01:05:14.05	<b>01:05:29.30</b>	20
3	Richard	Biggs	Corsham Running Club	Duathlon	K	2	M	15	07:51.0	00:07:49.85	00:01:23.65	00:31:18.70	00:01:15.15	00:07:51.60	00:07:55.55	01:05:25.15	<b>01:05:38.70</b>	21
24	Jeanette	Ashton	Unattached	Duathlon	L	2	F	7	07:33.0	00:07:46.00	00:00:43.40	00:33:32.90	00:00:31.70	00:07:41.40	00:07:56.10	01:05:44.75	<b>01:05:58.30</b>	22
43	Tony	Gregson	Unattached	Duathlon	M	2	M	16	07:29.0	00:07:40.80	00:01:09.00	00:34:11.30	00:00:33.00	00:07:40.30	00:07:43.25	01:06:26.50	<b>01:06:39.95</b>	23
1	Sam	Alcot	Cirencester	Duathlon	A	1	M	17	06:20.0	00:06:31.05	00:00:36.30	00:38:32.90	00:00:54.35	00:06:52.60	00:07:14.75	01:07:01.75	<b>01:07:15.90</b>	24
16	Dan Mason	Mason	Unattached	Duathlon	G	6	M	18	06:57.0	00:07:12.40	00:00:56.15	00:35:08.65	00:00:47.40	00:08:49.50	00:08:24.65	01:08:15.80	<b>01:08:23.85</b>	25
2	Lisa	Stevens	Cirencester	Duathlon	I	3	F	8	07:39.0	00:08:01.80	00:01:55.80	00:34:21.60	00:01:30.05	00:08:06.95	00:08:05.05	01:09:40.70	<b>01:09:56.15</b>	26
12	Alison	Allen	Unattached	Duathlon	I	4	F	9	08:39.8	00:08:40.30	00:00:43.95	00:34:12.75	00:00:50.70	00:08:24.20	00:08:25.50	01:09:57.15	<b>01:10:12.90</b>	27
17	Dave	Gordon	Unattached	Duathlon	I	5	M	19	07:51.0	00:08:26.25	00:00:58.40	00:34:53.60	00:01:03.65	00:08:15.55	00:08:36.25	01:10:05.15	<b>01:10:18.55</b>	28
21	Harriet	Jevon	Unattached	Duathlon	E	2	F	10	08:13.0	00:08:25.95	00:01:02.50	00:34:45.95	00:01:27.90	00:08:01.50	00:08:20.05	01:10:17.25	<b>01:10:31.55</b>	29
40	Steven	McCahill	Unattached	Duathlon	J	1	M	20	08:26.0	00:09:21.55	00:01:15.60	00:30:25.10	00:01:41.80	00:09:59.20	00:10:01.25	01:11:10.25	<b>01:11:28.50</b>	30
18	Debbie	Seal	Unattached	Duathlon	J	2	F	11	09:05.0	00:09:31.90	00:01:26.30	00:32:22.10	00:01:28.25	00:10:12.90	00:10:24.30	01:14:31.05	<b>01:14:50.05</b>	31
27	Kathy	Burbidge	Unattached	Duathlon	K	3	F	12	09:30.0	00:10:00.30	00:00:44.35	00:34:09.05	00:00:52.00	00:09:45.30	00:10:02.90	01:15:03.95	<b>01:15:18.20</b>	32
14	Bethan	Jones	Unattached	Duathlon	E	3	F	13	09:17.0	00:09:23.55	00:00:56.35	00:36:51.90	00:01:03.45	00:09:00.65	00:09:29.40	01:16:02.35	<b>01:16:18.85</b>	33
37	Shannon	Giusto	Unattached	Duathlon	G	7	F	14	09:16.0	00:09:50.40	00:00:59.40	00:38:51.75	00:00:48.40	00:09:48.95	00:10:16.05	01:19:50.95	<b>01:20:08.85</b>	34
5	Linda	Gaywood	Hungerford Hares	Duathlon	I	6	F	15	10:39.0	00:11:15.45	00:00:55.50	00:41:06.50	00:00:46.70	00:11:43.80	00:11:50.40	01:28:17.05	<b>01:28:30.65</b>	35