



Cotswolds Lake 62 Novice Events
Duathlon - 3km, 14km, 3km

Sunday 20th May 2018

| Bib | FirstName | LastName | Club | Race | Category | Cat | Sex | Sex | Run 1 | Run 2 | T1 | Bike | T2 | Run 1 | Run 2 | Finish | Overall |
|-----|-----------|-----------|-------------------------------|----------|----------|-----|-----|-----|---------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|---------|
| 188 | RL | KLEE | Performance Cycles | Duathlon | G | 1 | M | 1 | 05:57.8 | 00:06:08.00 | 00:00:52.65 | 00:21:57.65 | 00:00:39.25 | 00:06:16.20 | 00:06:29.95 | 00:48:32.10 | 1 |
| 192 | Ryan | Ingram | Unattached | Duathlon | E | 1 | M | 2 | 06:02.0 | 00:06:04.40 | 00:00:44.10 | 00:26:24.65 | 00:00:35.75 | 00:06:04.15 | 00:06:05.95 | 00:52:11.30 | 2 |
| 185 | Patrick | Lay | Unattached | Duathlon | D | 1 | M | 3 | 06:06.0 | 00:06:29.20 | 00:00:58.70 | 00:26:37.40 | 00:00:43.25 | 00:06:37.75 | 00:06:33.10 | 00:54:16.65 | 3 |
| 170 | Mark | Zikking | Unattached | Duathlon | I | 1 | M | 4 | 06:08.0 | 00:06:20.60 | 00:01:06.85 | 00:26:31.70 | 00:00:47.95 | 00:06:46.00 | 00:06:55.65 | 00:54:48.00 | 4 |
| 181 | Pablo | Requejo | SuccessCycling.co.uk | Duathlon | G | 2 | M | 5 | 06:09.0 | 00:06:36.50 | 00:00:52.90 | 00:26:23.45 | 00:00:39.35 | 00:06:51.80 | 00:07:18.05 | 00:55:04.10 | 5 |
| 182 | thomas | miller | emersons green rc | Duathlon | H | 1 | M | 6 | 06:25.0 | 00:06:44.20 | 00:01:01.90 | 00:26:29.65 | 00:01:25.85 | 00:06:55.75 | 00:06:44.60 | 00:55:58.00 | 6 |
| 178 | Alan | Sherwin | Unattached | Duathlon | J | 1 | M | 7 | 06:25.0 | 00:06:44.55 | 00:00:50.25 | 00:27:16.85 | 00:00:40.35 | 00:07:04.75 | 00:07:05.30 | 00:56:17.10 | 7 |
| 145 | Elaine | Sherwin | Leamington C&AC | Duathlon | I | 2 | F | 1 | 06:14.0 | 00:06:26.20 | 00:00:39.60 | 00:28:12.80 | 00:00:45.70 | 00:07:00.80 | 00:06:53.05 | 00:56:23.35 | 8 |
| 191 | Richard | Irwin | Unattached | Duathlon | G | 3 | M | 8 | 06:18.0 | 00:06:48.05 | 00:00:55.65 | 00:27:16.20 | 00:00:38.25 | 00:07:16.10 | 00:07:06.35 | 00:56:30.15 | 9 |
| 143 | hollie | webb | Unattached | Duathlon | E | 2 | F | 2 | 06:15.0 | 00:06:31.95 | 00:00:35.55 | 00:29:36.80 | 00:00:28.65 | 00:06:45.85 | 00:06:54.50 | 00:57:18.50 | 10 |
| 176 | Damian | Stanley | Unattached | Duathlon | K | 1 | M | 9 | 06:52.0 | 00:06:45.70 | 00:01:04.00 | 00:27:21.70 | 00:00:48.70 | 00:07:11.30 | 00:07:07.00 | 00:57:22.00 | 11 |
| 194 | Mark | Dobbs | Poole Runners | Duathlon | K | 2 | M | 10 | 06:53.0 | 00:06:53.30 | 00:01:10.25 | 00:27:03.90 | 00:01:04.75 | 00:07:05.00 | 00:07:07.45 | 00:57:30.80 | 12 |
| 199 | Mark | Baillet | Unattached | Duathlon | J | 2 | M | 11 | 06:53.0 | 00:06:48.60 | 00:00:53.25 | 00:28:46.85 | 00:00:42.55 | 00:07:12.20 | 00:07:07.45 | 00:58:35.55 | 13 |
| 149 | Ciara | Montague | Unattached | Duathlon | E | 3 | F | 3 | 06:32.0 | 00:06:53.60 | 00:00:50.85 | 00:30:25.30 | 00:00:40.15 | 00:06:52.80 | 00:06:57.15 | 00:59:24.15 | 14 |
| 177 | Jamie | Skiggs | Unattached | Duathlon | H | 2 | M | 12 | 07:12.0 | 00:07:22.00 | 00:01:15.80 | 00:27:11.00 | 00:00:58.55 | 00:07:42.60 | 00:07:55.40 | 00:59:50.70 | 15 |
| 197 | Spencer | Box | Unattached | Duathlon | G | 4 | M | 13 | 07:11.0 | 00:07:17.35 | 00:00:50.10 | 00:28:32.70 | 00:00:46.70 | 00:07:38.80 | 00:07:32.50 | 01:00:00.70 | 16 |
| 173 | Paul | Turner | Cheltenham Tri Club | Duathlon | M | 1 | M | 14 | 07:41.0 | 00:07:44.50 | 00:00:46.40 | 00:27:05.45 | 00:00:39.55 | 00:08:09.85 | 00:08:21.65 | 01:00:41.70 | 17 |
| 196 | David | Conroy | Unattached | Duathlon | G | 5 | M | 15 | 06:57.0 | 00:07:30.05 | 00:00:56.15 | 00:29:02.00 | 00:00:54.40 | 00:08:00.85 | 00:08:05.75 | 01:01:40.70 | 18 |
| 142 | Linda | webb | Unattached | Duathlon | K | 3 | F | 4 | 07:36.0 | 00:07:35.95 | 00:00:50.75 | 00:30:40.60 | 00:00:41.20 | 00:07:22.15 | 00:07:25.50 | 01:02:26.50 | 19 |
| 190 | Gareth | Jones | Unattached | Duathlon | G | 6 | M | 16 | 06:41.0 | 00:07:06.45 | 00:01:15.65 | 00:31:06.25 | 00:01:15.55 | 00:07:35.60 | 00:07:27.00 | 01:02:38.95 | 20 |
| 200 | john | bailey | Unattached | Duathlon | J | 3 | M | 17 | 07:27.0 | 00:07:29.05 | 00:01:24.70 | 00:30:39.10 | 00:01:13.00 | 00:07:25.85 | 00:07:29.75 | 01:03:21.75 | 21 |
| 144 | Louise | Urquhart | Unattached | Duathlon | I | 3 | F | 5 | 08:18.0 | 00:08:26.85 | 00:00:41.50 | 00:31:28.00 | 00:00:48.40 | 00:08:14.25 | 00:08:18.15 | 01:06:28.05 | 22 |
| 171 | Nigel | Ward | Tetbury Dolphins Running Club | Duathlon | J | 4 | M | 18 | 07:53.0 | 00:08:21.35 | 00:01:25.05 | 00:30:22.70 | 00:01:19.75 | 00:08:36.40 | 00:08:36.55 | 01:06:46.00 | 23 |
| 172 | Gareth | Walton | Unattached | Duathlon | G | 7 | M | 19 | 07:37.0 | 00:08:11.60 | 00:00:57.35 | 00:32:20.85 | 00:00:40.95 | 00:08:12.05 | 00:08:36.30 | 01:06:49.50 | 24 |
| 186 | Ian | Lawson | Unattached | Duathlon | J | 5 | M | 20 | 07:56.0 | 00:08:20.00 | 00:00:47.95 | 00:32:17.05 | 00:00:47.25 | 00:08:45.75 | 00:08:35.90 | 01:07:45.30 | 25 |
| 160 | Gemma | Box | Unattached | Duathlon | G | 8 | F | 6 | 08:56.0 | 00:08:53.10 | 00:00:42.75 | 00:30:42.40 | 00:00:35.15 | 00:08:47.85 | 00:08:54.30 | 01:07:45.60 | 26 |
| 198 | Jamie | Bonthron | Unattached | Duathlon | E | 4 | M | 21 | 07:36.0 | 00:08:18.50 | 00:01:01.75 | 00:28:34.35 | 00:01:09.10 | 00:10:48.85 | 00:10:18.50 | 01:08:01.55 | 27 |
| 184 | Graham | Marchmont | Unattached | Duathlon | G | 9 | M | 22 | 07:58.0 | 00:08:36.05 | 00:00:55.55 | 00:31:34.90 | 00:00:37.15 | 00:08:44.80 | 00:09:31.10 | 01:08:13.00 | 28 |
| 152 | Charlotte | Leigh | Unattached | Duathlon | H | 3 | F | 7 | 07:57.0 | 00:08:25.30 | 00:00:53.75 | 00:33:53.65 | 00:00:46.60 | 00:08:48.95 | 00:08:40.50 | 01:09:41.45 | 29 |
| 155 | sally | harrop | Unattached | Duathlon | I | 4 | F | 8 | 08:24.0 | 00:08:39.20 | 00:01:11.55 | 00:34:05.40 | 00:00:57.55 | 00:08:34.85 | 00:08:30.80 | 01:10:36.25 | 30 |
| 159 | Jade | Davies | Unattached | Duathlon | E | 5 | F | 9 | 08:06.0 | 00:08:38.20 | 00:01:06.70 | 00:33:27.80 | 00:00:47.45 | 00:09:18.60 | 00:09:13.10 | 01:10:51.05 | 31 |
| 150 | Gemma | Merritt | Unattached | Duathlon | E | 6 | F | 10 | 08:30.0 | 00:08:40.15 | 00:01:03.20 | 00:33:27.05 | 00:00:38.65 | 00:09:18.00 | 00:09:15.60 | 01:11:08.80 | 32 |
| 180 | Michael | Rickatson | Unattached | Duathlon | I | 5 | M | 23 | 07:41.0 | 00:08:24.65 | 00:01:37.00 | 00:32:39.85 | 00:01:09.20 | 00:09:46.45 | 00:10:02.75 | 01:11:32.00 | 33 |
| 147 | Nicola | peake | BFunctional | Duathlon | J | 6 | F | 11 | 09:13.0 | 00:09:53.55 | 00:01:29.60 | 00:34:36.85 | 00:01:06.95 | 00:09:42.80 | 00:10:15.25 | 01:16:31.30 | 34 |
| 154 | Lisa | Hemming | Unattached | Duathlon | G | 10 | F | 12 | 09:13.0 | 00:09:53.30 | 00:01:31.55 | 00:34:33.50 | 00:01:07.30 | 00:09:45.30 | 00:10:27.20 | 01:16:48.40 | 35 |
| 183 | Tony | May | Unattached | Duathlon | K | 4 | M | 24 | 08:12.7 | 00:09:00.50 | 00:01:24.90 | 00:37:22.80 | 00:01:18.10 | 00:09:40.70 | 00:10:57.40 | 01:18:13.45 | 36 |
| 153 | Amber | Jackson | Unattached | Duathlon | F | 1 | F | 13 | 08:49.0 | 00:08:49.90 | 00:01:52.45 | 00:40:24.70 | 00:01:06.10 | 00:08:54.65 | 00:09:10.60 | 01:19:21.75 | 37 |
| 156 | Jennifer | Evans | Unattached | Duathlon | F | 2 | F | 14 | 08:51.0 | 00:08:52.95 | 00:02:03.90 | 00:40:03.15 | 00:01:11.80 | 00:08:57.85 | 00:09:11.35 | 01:19:25.15 | 38 |
| 161 | Kerrie | Bates | Unattached | Duathlon | F | 3 | F | 15 | 09:18.0 | 00:10:06.00 | 00:01:09.20 | 00:39:21.60 | 00:01:01.35 | 00:09:53.60 | 00:10:08.95 | 01:21:15.30 | 39 |
| 162 | Sherri | Austin | Unattached | Duathlon | J | 7 | F | 16 | 09:18.0 | 00:10:04.85 | 00:01:17.85 | 00:38:46.25 | 00:00:53.80 | 00:10:12.95 | 00:10:52.70 | 01:21:44.95 | 40 |
| 193 | Wesley | Ellis | Unattached | Duathlon | F | 4 | M | 25 | 12:14.0 | 00:09:09.80 | 00:01:21.80 | 00:42:38.15 | 00:01:26.90 | 00:07:51.30 | 00:06:56.65 | 01:21:47.80 | 41 |
| 157 | Stephanie | Ellis | Unattached | Duathlon | F | 5 | F | 17 | 09:14.0 | 00:09:10.35 | 00:01:20.65 | 00:42:37.15 | 00:01:30.50 | 00:10:16.45 | 00:09:50.45 | 01:24:15.55 | 42 |