

Pos	Athlete	Gender	Pos	Category	Pos	Race	Bib#	Team	1KM	2KM	3KM	4KM	5KM	Total	Gun Time	Overall
1	Sian Pearson	F	1	FS	1	5km B	169	Unattached	0:14:02	0:14:25	0:14:48	0:14:53	0:15:02	1:13:08	1:13:08	1
2	Laura Atkinson	F	2	FS	2	5km A	99	Unattached	0:14:12	0:14:42	0:14:48	0:15:06	0:15:13	1:13:59	1:13:59	2
3	Andrew Gore	M	1	M50	1	5km A	133	Newbury Masters	0:14:47	0:15:17	0:15:20	0:15:33	0:15:25	1:16:19	1:16:19	3
4	Nigel Evans	M	2	M50	2	5km A	125	Unattached	0:14:49	0:15:26	0:15:59	0:16:00	0:16:09	1:18:20	1:18:20	4
5	David Boyd	M	3	MS	1	5km A	106	Abingdon & Vale Triathlon Club	0:14:43	0:15:18	0:16:03	0:16:53	0:17:46	1:20:42	1:20:42	5
6	Ian James	M	4	M40	1	5km A	140	City of Oxford Masters	0:15:19	0:16:19	0:16:28	0:16:43	0:16:52	1:21:39	1:21:39	6
7	Zsuzsanna FelvÁgi	F	3	F40	1	5km A	126	City of Oxford Swimming Club	0:15:15	0:16:19	0:16:38	0:16:36	0:16:52	1:21:40	1:21:40	7
8	James Swift	M	5	MS	2	5km B	186	Unattached	0:15:32	0:16:25	0:16:47	0:00:00	0:34:11	1:22:55	1:22:55	8
9	Adrian Ford	M	6	MS	3	5km B	200	Unattached	0:15:38	0:16:39	0:16:58	0:00:00	0:34:31	1:23:45	1:23:45	9
10	Gary Jane	M	7	M50	3	5km A	141	Bustinskin triathlon club	0:16:40	0:17:13	0:17:45	0:00:00	0:36:57	1:28:34	1:28:34	10
11	William Lee	M	8	MS	4	5km B	152	Stroud Masters	0:17:18	0:18:18	0:18:42	0:00:00	0:36:56	1:31:12	1:31:12	11
12	Richard Bragg	M	9	M50	4	5km A	107	Unattached	0:16:57	0:17:44	0:18:10	0:00:00	0:38:33	1:31:23	1:31:23	12
13	Beano Moran	M	10	M40	2	5km B	163	Unattached	0:17:29	0:17:53	0:18:41	0:00:00	0:37:52	1:31:53	1:31:53	13
14	Lola Giot	F	4	FS	3	5km A	132	Unattached	0:17:16	0:18:22	0:18:48	0:00:00	0:38:16	1:32:40	1:32:40	14
15	Toby Cullen	M	11	M50	5	5km A	115	Unattached	0:18:12	0:18:56	0:19:33	0:00:00	0:39:48	1:36:28	1:36:28	15
16	Giovanni Carriere	M	12	M40	3	5km A	110	Unattached	0:18:16	0:18:46	0:19:13	0:00:00	0:40:25	1:36:39	1:36:39	16
17	Roger Auster	M	13	MS	5	5km A	100	Unattached	0:18:38	0:19:39	0:19:39	0:00:00	0:38:51	1:36:45	1:36:45	17
18	Sarah Wood	F	5	FS	4	5km B	197	BRAT	0:18:29	0:19:03	0:19:34	0:00:00	0:40:06	1:37:11	1:37:11	18
19	Nick Haigh	M	14	M40	4	5km A	135	BRAT	0:19:12	0:19:14	0:19:46	0:00:00	0:40:41	1:38:52	1:38:52	19
20	Steve Derrick	M	15	M50	6	5km A	117	Cirencester AC and Tri club	0:19:01	0:19:23	0:20:23	0:00:00	0:40:25	1:39:10	1:39:10	20
21	Amanda Keen	F	6	FS	5	5km A	145	Evo Triathlon Club	0:19:11	0:19:22	0:19:47	0:00:00	0:40:57	1:39:15	1:39:15	21
22	John Kingwell	M	16	M50	7	5km A	148	Team DB Max	0:19:09	0:19:41	0:20:04	0:00:00	0:41:24	1:40:15	1:40:15	22
23	Chris Johnston	M	17	M40	5	5km A	144	Unattached	0:19:55	0:20:03	0:20:34	0:00:00	0:41:36	1:42:06	1:42:06	23
24	Imanol San Andres	M	18	M40	6	5km A	129	Unattached	0:18:28	0:19:24	0:19:51	0:00:00	0:44:30	1:42:11	1:42:11	24
25	Matthew Penrhyn-Jones	M	19	MS	6	5km B	170	Unattached	0:18:32	0:20:11	0:20:55	0:21:29	0:21:16	1:42:22	1:42:22	25
26	Hetty Mosforth	F	7	F	7	5km B	165	Unattached	0:15:15	0:22:11	0:22:17	0:21:46	0:21:57	1:43:24	1:43:24	26
27	Nigel Eden	M	20	M50	8	5km A	121	Unattached	0:19:06	0:19:34	0:20:16	0:00:00	0:44:35	1:43:30	1:43:30	27
28	kate snow	F	8	FS	6	5km B	183	Unattached	0:14:58	0:21:52	0:22:10	0:22:15	0:22:44	1:43:58	1:43:58	28
29	Sharon Helsby	F	9	F40	2	5km B	231	Unattached	0:20:51	0:21:14	0:00:00	0:43:17	0:20:44	1:46:05	1:46:05	29
30	Alex Richter	M	21	M40	7	5km B	173	BRAT Club	0:19:12	0:20:36	0:21:53	0:22:26	0:22:10	1:46:16	1:46:16	30
31	John Crossley	M	22	M50	9	5km A	114	Unattached	0:20:55	0:20:53	0:21:43	0:00:00	0:43:42	1:47:12	1:47:12	31
32	Thomas Woodhall	M	23	MS	7	5km B	198	Unattached	0:19:25	0:21:12	0:00:00	0:44:03	0:22:34	1:47:13	1:47:13	32
33	Kirsty Edwards	F	10	FS	7	5km A	123	NEWT	0:19:52	0:21:18	0:22:05	0:00:00	0:44:23	1:47:36	1:47:36	33
34	Rachel Mackey	F	11	F40	3	5km B	154	Unattached	0:20:17	0:21:03	0:00:00	0:43:56	0:22:32	1:47:46	1:47:46	34
35	stephen makepeace	M	24	M60	1	5km B	155	Unattached	0:21:09	0:21:19	0:00:00	0:43:31	0:21:51	1:47:48	1:47:48	35
36	RICHARD MANN	M	25	M	8	5km B	156	Unattached	0:20:36	0:21:22	0:00:00	0:44:13	0:22:33	1:48:42	1:48:42	36
37	Sara Bartlett	F	12	F50	1	5km A	101	Unattached	0:21:09	0:21:42	0:21:47	0:21:46	0:22:41	1:49:03	1:49:03	37
38	Annie Crossley	F	13	F50	2	5km A	113	Unattached	0:21:03	0:21:51	0:22:01	0:22:37	0:23:03	1:50:34	1:50:34	38
39	Anne Virden	F	14	FS	8	5km B	191	BRAT	0:20:57	0:22:39	0:00:00	0:45:27	0:22:08	1:51:09	1:51:09	39
40	Jeffrey Mosforth	M	26	M60	2	5km B	164	Triathlon Redditch	0:18:12	0:23:03	0:00:00	0:47:05	0:23:02	1:51:21	1:51:21	40
41	Michelle Blower	F	15	F40	4	5km A	105	Calne Running Club	0:20:52	0:21:56	0:22:05	0:22:30	0:24:14	1:51:35	1:51:35	41
42	David Waugh	M	27	M40	8	5km B	195	Unattached	0:19:37	0:22:15	0:00:00	0:45:38	0:24:21	1:51:49	1:51:49	42
43	Nick Bentley	M	28	MS	8	5km A	103	Abingdon & Vale Triathlon club	0:20:08	0:21:55	0:22:45	0:23:30	0:24:07	1:52:22	1:52:22	43
44	Tim Ashman	M	29	MS	9	5km A	98	North Bristol Triathlon Club	0:20:46	0:22:00	0:22:59	0:23:47	0:23:22	1:52:52	1:52:52	44
45	Ian Doherty	M	30	M50	10	5km A	120	Unattached	0:22:08	0:22:02	0:00:00	0:46:11	0:22:42	1:53:01	1:53:01	45
46	Howard Nichols	M	31	M60	3	5km B	168	Unattached	0:20:16	0:21:25	0:00:00	0:46:23	0:25:32	1:53:34	1:53:34	46
47	Darren Hart	M	32	M40	9	5km A	136	Unattached	0:21:39	0:23:04	0:00:00	0:46:47	0:22:26	1:53:54	1:53:54	47
48	Duncan Muir	M	33	M40	10	5km B	166	Flying Monk Triathlon Club	0:21:21	0:22:20	0:00:00	0:46:18	0:25:35	1:55:31	1:55:31	48
49	Alexandra Spargo	F	16	F40	5	5km B	184	Wiltshire Police	0:20:27	0:21:50	0:00:00	0:47:54	0:25:23	1:55:32	1:55:32	49
50	Oliver Watson	M	34	MS	10	5km B	194	Unattached	0:21:53	0:22:44	0:00:00	0:46:51	0:24:23	1:55:49	1:55:49	50
51	James Hill	M	35	MS	11	5km A	137	Unattached	0:26:30	0:21:51	0:00:00	0:45:22	0:23:25	1:57:06	1:57:06	51
52	Scott Measor	M	36	MS	12	5km B	162	Unattached	0:22:07	0:23:49	0:00:00	0:47:54	0:23:20	1:57:09	1:57:09	52
53	Dawn Johnson	F	17	FS	9	5km A	143	Unattached	0:22:53	0:24:55	0:00:00	0:45:50	0:23:34	1:57:10	1:57:10	53
54	ANGELA BROADHURST	F	18	F40	6	5km A	108	Unattached	0:24:27	0:24:16	0:00:00	0:48:37	0:24:51	2:02:10	2:02:10	54
55	Cheryle Edwards	F	19	F60	1	5km A	122	NEWT	0:22:59	0:23:52	0:00:00	0:50:26	0:25:32	2:02:48	2:02:48	55
56	Rhian Jacka	F	20	FS	10	5km A	139	Doncaster Blue Lagooners	0:23:15	0:24:07	0:00:00	0:50:49	0:25:14	2:03:24	2:03:24	56
57	Kirsty Knight	F	21	FS	11	5km A	149	Unattached	0:22:53	0:23:33	0:00:00	0:51:50	0:25:34	2:03:48	2:03:48	57
58	Sally Ellis	F	22	F	11	5km A	124	BRATS	0:23:07	0:25:11	0:00:00	0:50:29	0:25:53	2:04:38	2:04:38	58
59	Lee Kent	M	37	M40	11	5km A	146	Unattached	0:24:09	0:24:27	0:00:00	0:51:21	0:26:03	2:05:57	2:05:57	59
60	Natasha Rose	F	23	FS	12	5km B	174	Unattached	0:23:06	0:24:55	0:00:00	0:52:01	0:27:13	2:07:14	2:07:14	60

Cotswolds Lake 62 Swim
5km

Sunday 18th August 2019

Pos	Athlete	Gender	Pos	Category	Pos	Race	Bib#	Team	1KM	2KM	3KM	4KM	5KM	Total	Gun Time	Overall
61	Paul Twose	M	38	M50	11	5km B	190	BRAT Club	0:24:55	0:25:55	0:00:00	0:51:57	0:25:45	2:08:30	2:08:30	61
62	Rosamund Thomas	F	24	FS	13	5km B	188	Unattached	0:23:33	0:25:03	0:00:00	0:55:16	0:26:06	2:09:57	2:09:57	62
63	Laura Thomas	F	25	FS	14	5km B	187	Unattached	0:23:27	0:25:01	0:00:00	0:55:21	0:26:10	2:09:58	2:09:58	63
64	richard cox	M	39	MS	13	5km A	112	Unattached	0:29:34	0:25:41	0:00:00	0:54:01	0:26:53	2:16:08	2:16:08	64
65	Lauren Maya	F	26	FS	15	5km B	158	Unattached	0:24:02	0:25:41	0:00:00	0:57:39	0:29:03	2:16:23	2:16:23	65
66	Sarah King	F	27	F40	7	5km A	147	Unattached	0:23:45	0:27:12	0:00:00	0:58:20	0:28:10	2:17:26	2:17:26	66
67	Brook Saunders	M	40	M40	12	5km B	176	Unattached	0:27:14	0:27:14	0:28:25	0:31:51	0:30:22	2:25:05	2:25:05	67
68	Paul Bigmore	M	41	M60	4	5km A	104	100 Marathon club	0:27:17	0:27:04	0:00:00	0:59:55	0:31:29	2:25:45	2:25:45	68
69	Laura Smith	F	28	F40	8	5km B	180	Unattached	0:26:48	0:28:49	0:29:51	0:30:00	0:30:27	2:25:52	2:25:52	69
70	Lucinda Dixon	F	29	FS	16	5km A	119	Bristol North Swimming Club / North Bristol Tri Club	0:27:44	0:28:03	0:00:00	1:00:01	0:30:44	2:26:30	2:26:30	70
71	Andrew Cunnell	M	42	M70	1	5km A	116	BRAT	0:26:13	0:27:45	0:00:00	1:01:17	0:34:21	2:29:35	2:29:35	71
72	Claire Knight	F	30	FS	17	5km A	150	Warley wasps triathlon club	0:27:54	0:30:30	0:30:31	0:31:44	0:29:36	2:30:12	2:30:12	72
73	Lizzie Figgis	F	31	F40	9	5km A	127	Unaffiliated	0:26:56	0:29:22	0:30:32	0:32:18	0:31:50	2:30:55	2:30:55	73
74	Helen Fletcher	F	32	FS	18	5km A	128	North Bristol tri club	0:28:13	0:30:46	0:31:42	0:33:05	0:32:40	2:36:24	2:36:24	74
75	Barry WALKER	M	43	M60	5	5km B	192	BRAT	0:31:46	0:00:00	1:03:52	0:32:29	0:32:09	2:40:15	2:40:15	75
76	Sandeep Dhami	M	44	M40	13	5km A	118	BRAT	0:30:48	0:30:32	0:31:57	0:33:29	0:36:07	2:42:51	2:42:51	76
77	Sion Scone	M	45	MS	14	5km B	178	Unattached	0:28:25	0:30:29	0:34:48	0:35:40	0:35:12	2:44:33	2:44:33	77
78	Katrina WALKER	F	33	FS	19	5km B	193	Unattached	0:29:34	0:00:00	1:09:51	0:37:59	0:37:00	2:54:22	2:54:22	78
79	Len Richards	M	46	M50	12	5km B	172	Unattached	0:33:28	0:00:00	1:18:26	0:44:14	0:46:10	3:22:17	3:22:17	79
80	Mikko Jay	M	47	MS	15	5km A	142	BADTri	0:15:58	0:16:48	0:17:13					80
81	Jon Brown	M	48	M40	14	5km A	109	Unattached	0:20:36	0:21:08	0:21:12					81
82	Rebecca Massey	F	34	F40	10	5km B	157	Unattached	0:26:19							82