



Clock Change Challenge
Podiums

Sunday 28th October 2018

Bib	FirstName	LastName	Club	Race	Category	Pos	Sex	Pos	Finish	Overall	Podium
81	Thomas	Davies	Team Bath AC	10km	MS	1	M	1	0:34:59	1	1st M
51	Courtenay	Chessell	Swindon Shin Splints	10km	MS	2	M	2	0:35:14	2	2nd M
99	Robert	Farley	Bitton Road Runners	10km	MS	3	M	3	0:35:15	3	3rd M

125	Freddie	Goodway	Avon Valley Runners	10km	MJ	1	M	94	0:51:43	121	1st MJ
224	Michael	Milstead	St Marys Running & Triathlon	10km	M40	1	M	4	0:36:05	4	1st M40
337	Chris	Suter	Avon Valley Runners	10km	M50	1	M	14	0:39:14	15	1st M50
357	David	Wright	Cirencester AC	10km	M60	1	M	11	0:38:18	12	1st M60
112	David	Gearing	Road Runners Club	10km	M70	1	M	125	0:58:04	189	1st M70

140	Rich	Harding	Avon Valley Runners	10km					0:36:56	8	1st Male Club
337	Chris	Suter		10km					0:39:14	15	
227	Richard	Morgetroyd		10km					0:40:26	19	

Bib	FirstName	LastName	Club	Race	Category	Cat	Sex	Pos	Finish	Overall	Podium
101	Heather	Fell	Tavistock AC	10km	F35	1	F	1	0:37:26	10	1st F
50	Rebecca	Carver	Forest Fitness	10km	FS	1	F	2	0:40:46	22	2nd F
341	Catriona	Ward Sell	Royal Wootton Bassett Hounds	10km	FS	2	F	3	0:42:20	28	3rd F

67	Eva	Comell	Unattached	10km	FJ	1	F	131	1:06:52	279	1st FJ
285	Kate	Sheppard	St Marys Running & Triathlon	10km	F35	2	F	5	0:46:03	62	1st F35
68	Caroline	Cotterell	Cirencester AC	10km	F45	1	F	4	0:44:52	54	1st F45
339	Jo	Webb	Bitton Road Runners	10km	F55	1	F	8	0:47:03	76	1st F55
7	Brenda	Avery	Chepstow Harriers	10km	F65	1	F	39	0:53:41	142	1st F65
286	Judy	Sheppard	Slinn Allstars	10km	F75	1	F	107	1:04:03	248	1st F75

151	Carly	Hodgson	Avon Valley Runners	10km					0:46:28	67	1st Female Club
229	Holy	Newman		10km					0:46:58	74	
98	Jolene	Farion		10km					0:47:26	81	



1.5km Results

604	Sky	Jamieson	Cirencester AC	F	U13	00:06:13.55	1st F
614	Emily	Billett	Unattached	F	U13	00:07:18.80	2nd F
600	Megan	Hamill	Unattached	F	U13	00:07:21.10	3rd F
367	James	Bagot	Swindon Harriers	M	U13	00:05:31.05	1st M
385	Jamie	Davies	Unattached	M	U15	00:06:19.80	2nd M
602	Bertie	Ponsford	Unattached	M	U11	00:06:34.55	3rd M

5km Results

591	Megan	Wright	Chippenham Harriers Youth	F	FJ	00:19:27.75	1st F
574	Ella	Treby	Team Bath AC	F	FJ	00:19:36.50	2nd F
626	Catriona	Ward Sell	RWBHRC	F	FS	00:20:00.20	3rd F
506	Matthew	Green	Newbury AC	M	MS	00:16:36.35	1st M
567	Damian	Spreckley	Avon Valley Runners	M	M40	00:17:05.55	2nd M
528	Phil	Marshall	Newbury AC	M	MS	00:17:23.10	3rd M