



Spirthill Trail Run Events

Sunday 24th March 2013

Pos	Bib	Name	Surname	Club	Distance	Category	Gen Pos	1st 6km Split	2nd 6km Split	Overall Time
1	71	Paul	Key	Swindon Harriers	12km Run	SM	1	22:54.4	00:22:57.60	00:45:52.05
2	9	Mark	and his amazing underpants Matthews	Forest of Dean Athletic Club	12km Run	M40	2	24:14.8	00:25:35.95	00:49:50.80
3	75	David	James		12km Run	SM	3	26:41.3	00:26:22.75	00:53:04.05
4	13	Steve	Shipway		12km Run	M40	4	26:54.9	00:26:27.70	00:53:22.60
5	28	Simon	Bick	BADTri	12km Run	SM	5	27:34.2	00:26:12.80	00:53:47.00
6	76	Rachel	Bown	RG Active	12km Run	F35	1	27:01.0	00:28:00.85	00:55:01.90
7	1	Alistair	Powell		12km Run	M40	6	27:11.4	00:28:37.05	00:55:48.40
8	68	Stuart	Middler		12km Run	M40	7	27:24.7	00:28:40.70	00:56:05.35
9	17	Thomas	Puschnik		12km Run	SM	8	28:27.1	00:29:45.25	00:58:12.30
10	2	Andrew	Thorneycroft		12km Run	SM	9	28:44.2	00:30:06.00	00:58:50.20
11	3	Ashley	Turner		12km Run	SM	10	28:22.0	00:31:36.35	00:59:58.30
12	7	James	Lockhart		12km Run	SM	11	29:05.5	00:31:25.25	01:00:30.75
13	18	Brendan	Hanley		12km Run	M50	12	30:12.6	00:31:08.30	01:01:20.95
14	74	Lucy	Boggis		12km Run	SF	2	30:47.1	00:32:02.60	01:02:49.75
15	29	Tony	Pownall	Forest of Dean Athletic Club	12km Run	M50	13	31:00.9	00:32:57.95	01:03:58.85
16	72	Jason	Campbell	Highworth Running Club	12km Run	M40	14	27:41.8	00:37:49.35	01:05:31.15
17	11	Ross	Davies		12km Run	SM	15	31:22.0	00:34:33.45	01:05:55.50
18	5	Demelza	Hills		12km Run	F35	3	32:44.1	00:35:12.30	01:07:56.45
19	73	Charlotte	Boggis		12km Run	SF	4	33:30.4	00:34:28.80	01:07:59.25
20	8	Joanna	Babij		12km Run	F35	5	35:09.3	00:38:36.85	01:13:46.20
21	25	Linda	Whyte		12km Run	F35	6	37:15.8	00:39:17.80	01:16:33.55
22	24	Kristian	Mears		12km Run	SM	16	36:07.5	00:40:58.20	01:17:05.65
23	69	John	Astley		12km Run	M40	17	39:00.0	00:42:45.30	01:21:45.30



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1	70	Max	Matthews	Luke's Guinea Pigs	6km Run	SM	1	28:06.6	00:28:06.65
2	35	Dominic	Crawford		6km Run	SM	2	33:03.6	00:33:03.55
3	77	Gail	Baker		6km Run	F45	1	35:50.6	00:35:50.60
4	34	Amy	Stuart		6km Run	F45	2	37:06.1	00:37:06.10
5	32	Farahnaz	Afaq		6km Run	SF	3	38:37.5	00:38:37.45
6	43	Caroline	Finch	Luke's Guinea Pigs	6km Run	SF	4	38:49.5	00:38:49.45
7	40	Tracey	Buckley	Luke's Guinea Pigs	6km Run	F45	5	39:07.8	00:39:07.75
8	44	Deborah	Roberts		6km Run	F45	6	39:38.7	00:39:38.70
9	46	Beth	Pryor		6km Run	F45	7	40:03.2	00:40:03.20
10	38	Hannah	Maggs		6km Run	F35	8	41:34.6	00:41:34.55
11	37	Zoe	Trim		6km Run	F45	9	41:34.9	00:41:34.95
12	33	Nina	Matthews-Law	Luke's Guinea Pigs	6km Run	F35	10	53:32.7	00:53:32.75

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1	49	Lilly	Mears		1.5km Fun Run	FJ	1	00:08:46.60
2	48	Jennifer	Mears		1.5km Fun Run	F35	2	00:09:13.10
3	47	Daisy	Mears		1.5km Fun Run	FJ	3	00:10:53.35